

Supplemental Benefits - HMO-POS

Vision care. BSW SeniorCare Advantage plans include a routine annual exam, plus an annual allowance toward the purchase of contacts, frames and lenses. *You must use a network vision provider.* Find a provider at [BSWHealthPlan.com/FindProvider](https://www.BSWHealthPlan.com/FindProvider).

Hearing care. We offer essential hearing services that are not covered by Original Medicare, including a routine hearing exam and an allowance every three years toward the purchase of hearing aids. Find a provider at [BSWHealthPlan.com/FindProvider](https://www.BSWHealthPlan.com/FindProvider).

Over-the-counter allowance. BSW SeniorCare Advantage plans feature a quarterly purchase allowance (based on calendar quarter) from participating retailers to purchase eligible over-the-counter items, such as bandages, cold and allergy medicines, pain relievers and more.

No-cost fitness program. Through Silver&Fit, plans include a no-cost fitness membership at participating locations, like the YMCA and more.

In-home meals. Plans include a meal benefit to ease your recovery when you return home from the hospital – 14 meals per hospital discharge to home; limit 3 discharges per year.

Routine transportation. Plans include routine transportation to approved locations such as medical appointments, physical therapy visits, labs, grocery stores and drug stores.



Dental care. Plans include dental coverage through MetLife with maximum **benefits up to \$3,500** with thousands of providers to choose from. Coverage includes things like exams, cleanings, X-rays, extractions and fillings, restorative services and even dentures.

MetLife's Preferred Dentist Program is a dental PPO plan. You can visit any licensed dentist – in or out of the MetLife **PDP Plus** network – and receive benefits. However, if you use an out-of-network provider, your share of the costs for your covered services may be higher. Find a participating dentist at [MetLife.com](https://www.MetLife.com).

BSW SeniorCare Advantage HMO-POS is offered by Baylor Scott & White Health Plan, a Medicare Advantage organization with a Medicare contract. Enrollment in BSW SeniorCare Advantage depends on contract renewal with Medicare.

The Silver&Fit program is provided by American Specialty Health Fitness, Inc. (ASH Fitness), a subsidiary of American Specialty Health Incorporated (ASH). All programs and services are not available in all areas. Silver&Fit and Something for Everyone, are trademarks of ASH and used with permission herein. Participating facilities and fitness chains may vary by location and are subject to change.

Dental insurance policies are underwritten by Metropolitan Life Insurance Company, 200 Park Avenue, New York, NY 10166.