





Member Rights and Responsibilities

As a member of our health plan, you have:

- 1. A right to receive information about your health plan, including the services we offer and our providers and caregivers
- 2. A right to be treated with respect
- 3. A right to have others recognize your dignity
- 4. A right to privacy
- 5. A right to work with providers to make decisions about your health care
- 6. A right to talk openly about appropriate and medically necessary treatment options for your conditions, regardless of cost or benefit coverage
- 7. A right to timely access to your covered services and drugs
- 8. A right to voice complaints or appeals about your health plan, benefit coverage, or your medical care
- 9. A right to information about your rights and responsibilities and a right to make recommendations about our member rights and responsibilities

You are responsible for doing your best to:

- 10. Give your health plan and providers information they need to provide your care; tell your health plan if you move
- 11. Follow plans and instructions for care that you have agreed to with your providers
- 12. Understand your health problems and take part in the treatment plan you and your providers make together