

December 2020

Important COVID-19 Vaccine Update

An Important COVID-19 Vaccine Update

The U.S. Food and Drug Administration (FDA) recently issued Emergency Use Authorizations for COVID-19 vaccines by Pfizer and Moderna. We want to answer a few of your questions about this exciting new development in the fight against COVID-19.

When will vaccines be available?

Vaccines will be released in phases determined by the Texas Department of State Health Services, based on guidance from the Centers for Disease Control and Prevention (CDC). At this time, all Texas healthcare organizations that receive an allocation of the COVID-19 vaccine must distribute it based on this guidance.

What will the COVID-19 vaccine cost?

The COVID-19 vaccine will be available to health plan members at zero out-of-pocket cost.

Ways to Slow the Spread

As the number of COVID-19 cases and hospitalizations in Texas rise, we can take three simple actions to slow the spread:

- Wear a mask to protect yourself and others.
- Stay at least 6 feet (about 2 arm lengths) from others who don't live with you, and avoid crowds.
- Wash your hands with soap and water for 20 seconds or use hand sanitizer with at least 60% alcohol.

COVID-19 is not the only virus we need to be mindful of this winter. If you haven't already, it's not too late to get a seasonal **flu shot**. We cover flu vaccinations for members at **no charge** at in-network

pharmacies, walk-in clinics and your doctor's office.

Feeling Sick?

If you experience symptoms of COVID-19 or the flu, visit the **MyBSWHealth** member portal to find a provider and explore telehealth options.

Y'all Stay Safe This Holiday Season

Our partners at Baylor Scott & White Health have created the <u>Y'all Stay Safe</u> campaign – offering blogs and podcasts to help Texans stay safe while keeping holiday traditions alive.



Other helpful resources:

- Baylor Scott & White Health <u>COVID-19 Vaccine Update</u>
- CDC guidance for daily activities, including tips for medical appointments and running errands
- CDC considerations for <u>winter holiday travel</u> and <u>safe celebrations</u>
- CDC COVID-19 Resource Page
- Texas HHS <u>COVID-19 Vaccine Updates</u>
- Texas HHS <u>COVID-19 Vaccination Plan</u>

As 2020 comes to a close, we thank you for your business with Scott and White Health Plan and wish you a safe and joyous holiday season. We look forward to serving you in 2021.

Thank you,

Scott and White Health Plan

Download the MyBSWHealth app

Visit the member portal at MyBSWHealth.com





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