

# Healthcare on the go

If you need care but it's not an emergency, virtual care could be just what the doctor ordered.



You can get care from the comfort of home or anywhere in Texas. If you need a prescription, it will be sent to the pharmacy you choose. (If it is an emergency, call 911 or go to the nearest Emergency Room.)

## MyBSWHealth

Convenient care for things like seasonal allergies, cold and flu, bladder infection (UTI), stomach issues, and more. Make sure your Baylor Scott & White Health Plan account is linked: [MyBSWHealth.com/LinkedAccounts](https://MyBSWHealth.com/LinkedAccounts).

- Online: [MyBSWHealth.com](https://MyBSWHealth.com)
- App: Download at [MyBSWHealth.com/download](https://MyBSWHealth.com/download) or text “BETTER” to 88408

### How to access care:

1. Open the MyBSWHealth app or website
2. Select “Get Care” at the bottom of the home screen
3. Choose 24/7 virtual care
  - Start an eVisit right away **OR**
  - Make an appointment for a 24/7 Care Video Visit with an on-call provider.

